

# MODERN SLAVERY

## SPOTTING THE SIGNS



### APPEARANCE

- Show signs of physical or psychological abuse and untreated injuries.
- Look malnourished, unkempt, withdrawn and neglected.
- Seem under the control or influence of others.
- Wear the same clothes every day.
- Wear no safety equipment even if their work requires it.



### SEEKING HELP

- Reluctant to seek help and avoid eye contact.
- Appear frightened or hesitant to talk to strangers.
- Fear of police, don't know who to trust or where to get help.
- Afraid of deportation, and of the risk of violence to themselves or their family



### ACCOMMODATION

- Living in dirty, cramped or overcrowded accommodation.
- Living and working at the same address.
- Appear unfamiliar with their neighbourhood or where they work.



### TRAVEL

- Rarely allowed to travel on their own.
- Collected and dropped off on a regular basis early in the morning or late at night.
- In a crowded minibus with other workers.
- Have no control of their identification documents such as their passport.

## WHO TO CONTACT:

If someone is in immediate danger then call the police on: **113**

European SOS for medical, fire or police: **112** Calls are free of charge

Request urgent or emergency medical services: **118**  
(must concern health issues)

### Ask for advice by calling:

The Modern Slavery and Exploitation Helpline: **800 290 290**

Toll free number. Available 24/7  
19 languages supported